



Workplace-Based Manager to Manager Network (M2M)

CONTEXT

An informal, non-clinical and confidential network through which managers at all levels (from Team Leaders to ADMs) can empower and connect with each other to:

SHARE

ideas and personal experiences on how to respond to day to day mental health and wellness related needs of their employees

LEARN

about resources/tools to help identify potential risks to their employees for early intervention and active case management

DEVELOP

skills sets / competencies to promote mental health and wellness, and create a pool of managers to serve as a foundation on which to build additional services



THE M2M AMBASSADORS

Ambassadors are managers who:

- 1 Have been screened in through an assessment process and have participated in a two-day orientation session before qualifying to serve as an Ambassador.
- 2 Have lived experience and who can dip into their own lessons learned and share them with fellow managers facing similar situations.
- 3 Are familiar with the complexities associated with providing support, as opposed to clinical advice, in the mental health and wellness related areas.

TO REACH OUT TO AN AMBASSADOR

Step 1



Read their profiles at: iservice.prv/m2mBio

Step 2



Reach out by email or by Lync

OR



Reach out by phone

OR



Reach out in-person

For more information visit the Manager to Manager Network page on iService: iservice.prv/m2m

Free - Confidential - Across Canada