



Santé Mentale

Un milieu de travail sain et respectueux.  
C'est la responsabilité de tous.

PROTECTED B WHEN COMPLETED

## ESDC Manager to Manager Network (M2M) for Mental Health

### M2M Ambassador Profile

GENERAL INFORMATION			
<b>Last Name:</b> Lessard		<b>First Name:</b> Mélanie	
<b>City:</b> Boucherville	<b>Branch:</b> Benefit Delivery Services	<b>Region:</b> Quebec Region	<b>Province/Territory:</b> Quebec
<b>Title:</b> Executive			
<b>Years of experience in managing employees in the public and private sectors:</b> Over 10 Years			
<b>Language(s) most comfortable in:</b> <input type="checkbox"/> English <input type="checkbox"/> French <input checked="" type="checkbox"/> English & French			
COORDINATES (IMPORTANT: Please DO NOT include any information of confidential nature as third parties may have access, especially emails).			
<b>Preferred method for Communication with manager (in order of preference):</b> Telephone, Lync, Email			
<b>Work Email:</b> melanie.lessard@servicecanada.gc.ca		<b>Work phone number:</b> 514-817-9460	
WORK ENVIRONMENT			
<input checked="" type="checkbox"/> Client Service <input type="checkbox"/> Call Center <input checked="" type="checkbox"/> Front Line <input type="checkbox"/> Finance <input type="checkbox"/> Human Resources		<input type="checkbox"/> Information and Technology <input type="checkbox"/> Planning <input type="checkbox"/> Program Development <input type="checkbox"/> Project Management	
EMPLOYMENT EQUITY AND DIVERSITY GROUP(S) THAT AMBASSADOR IDENTIFIES WITH (OPTIONAL TO COMPLETE):			
<input type="checkbox"/> F Gender <input type="checkbox"/> LGBTQ2+ <input type="checkbox"/> Employee with Disabilities		<input type="checkbox"/> Indigenous <input type="checkbox"/> Visible Minority	
AREAS OF SUPPORT TO MANAGERS MAY INCLUDE:			
For their employees experiencing: <input checked="" type="checkbox"/> Return to work <input checked="" type="checkbox"/> Depression and/or mental health issues <input checked="" type="checkbox"/> Situations of conflict <input type="checkbox"/> Substance abuse <input checked="" type="checkbox"/> Family -related challenges		<input type="checkbox"/> Gender-related challenges <input type="checkbox"/> Sexual Orientation Issues <input type="checkbox"/> Race related challenges <input checked="" type="checkbox"/> Physical health related challenges <input checked="" type="checkbox"/> Duty to Accommodate <input checked="" type="checkbox"/> Loss of a loved one/Colleague	



*Santé Mentale*

Un milieu de travail sain et respectueux.  
C'est la responsabilité de tous.

