



Santé Mentale

Un milieu de travail sain et respectueux.  
C'est la responsabilité de tous.

PROTECTED B WHEN COMPLETED

## ESDC Manager to Manager Network (M2M) for Mental Health

### M2M Ambassador Profile

GENERAL INFORMATION			
<b>Last Name:</b> Breau		<b>First Name:</b> Sonia	
<b>City:</b> Moncton	<b>Branch:</b> Chief Financial Officer	<b>Region:</b> Atlantic Region	<b>Province/Territory:</b> New Brunswick
<b>Title:</b> Manager			
<b>Years of experience in managing employees in the public and private sectors:</b> 6-10 Years			
<b>Language(s) most comfortable in:</b> <input type="checkbox"/> English <input type="checkbox"/> French <input checked="" type="checkbox"/> English & French			
COORDINATES (IMPORTANT: Please DO NOT include any information of confidential nature as third parties may have access, especially emails).			
<b>Preferred method for Communication with manager (in order of preference):</b> Telephone, Email, Lync			
<b>Work Email:</b> sonia.breau@hrsdcc-rhdcc.gc.ca		<b>Work phone number:</b> 5067776403 x	
WORK ENVIRONMENT			
<input checked="" type="checkbox"/> Client Service		<input type="checkbox"/> Information and Technology	
<input type="checkbox"/> Call Center		<input type="checkbox"/> Planning	
<input type="checkbox"/> Front Line		<input type="checkbox"/> Program Development	
<input checked="" type="checkbox"/> Finance		<input type="checkbox"/> Project Management	
<input type="checkbox"/> Human Resources			
EMPLOYMENT EQUITY AND DIVERSITY GROUP(S) THAT AMBASSADOR IDENTIFIES WITH (OPTIONAL TO COMPLETE):			
<input type="checkbox"/> Gender		<input type="checkbox"/> Indigenous	
<input type="checkbox"/> LGBTQ2+		<input type="checkbox"/> Visible Minority	
<input type="checkbox"/> Employee with Disabilities			
AREAS OF SUPPORT TO MANAGERS MAY INCLUDE:			
For their employees experiencing:			
<input checked="" type="checkbox"/> Return to work		<input type="checkbox"/> Gender-related challenges	
<input checked="" type="checkbox"/> Depression and/or mental health issues		<input type="checkbox"/> Sexual Orientation Issues	
<input checked="" type="checkbox"/> Situations of conflict		<input type="checkbox"/> Race related challenges	
<input type="checkbox"/> Substance abuse		<input type="checkbox"/> Physical health related challenges	
<input type="checkbox"/> Family -related challenges		<input type="checkbox"/> Duty to Accommodate	
		<input checked="" type="checkbox"/> Loss of a loved one/Colleague	



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